

PARISH CALENDAR

Feb. 13 (Tues.)	7:00 p.m.	2 nd Grade Reconciliation
Feb. 14 (Wed.)		Ash Wednesday - Mass/Ashes at 8:00 a.m.; Prayer Service/Ashes at 12:00N and 7:00 p.m. - <i>Day of Fast & Abstinence</i>
Feb. 14(Wed.)	10:00 a.m.	Bible Study – “Book of the Prophet Jeremiah”
Feb. 16 (Fri.)	7:00 p.m.	Stations of the Cross
Feb. 17 (Sat.)		Men’s AA – Parish Hall – 7:45-8:30 & 9:00-10:00 a.m.
Feb. 17/18		Return Tarrytown/Sleepy Hollow Community Food Bag
Feb. 19 (Mon.)		President’s Day – <i>No 8:00 a.m. Mass</i>
Feb. 20,22, &24		<i>No Religious Education Classes</i>

ASH WEDNESDAY is this Wednesday, February 14. There will be an 8:00 a.m. mass with distribution of ashes; prayer service with ashes at 12:00 p.m.; and prayer service with ashes at 7:00 p.m. ***It is a day of fast and abstinence.***

LENT: Please consider joining us for the following Lenten activities:

- Bible Study – ***Book of the Prophet Jeremiah*** – beginning Wednesday, February 14 at 10:00 a.m. in the Parish Hall
- Friday evenings for Stations of the Cross at 7:00 p.m.
- Daily Mass at 8:00 a.m. on weekdays
- Confession every Saturday at 4:30 p.m.
- Reconciliation Monday (March 26) 4:00 – 7:00 p.m.
- Please pick up a free Lenten meditation pamphlet and spend some quiet time each day**
- Deny yourself something and/or make a decision to help those who are in need

LENTEN FAST AND ABSTINENCE: During the season of Lent, the Church urges the faithful to reflect a spirit of penance in their daily lives through performing acts of faith and abstinence.

FASTING requires that only one full meal be taken per day. Two other smaller meals may be taken during the day to maintain physical strength, but these two meals together should not equal a full meal in quantity. Nor is there any eating between meals. Fasting obliges all those who have reached the age of 18 and continues to oblige through age 59.

ABSTINENCE prohibits individuals from eating meat on a particular day. Abstinence obliges all those who have reached the age of 14 and continues to oblige throughout their lives.

Those who are not specifically obliged to abstain from eating meat are encouraged to join the discipline of abstaining to the extent that they are able.

**ASH WEDNESDAY AND GOOD FRIDAY ARE DAYS OF FAST AND ABSTINENCE.
FRIDAYS IN LENT ARE DAY OF ABSTINENCE.**

CARDINAL’S APPEAL 2018: As disciples of Christ, we are called to help one another and be merciful, as Jesus taught us. It is only with your help that the “Cardinal’s Appeal” continues its good work in our communities. Through our ministries and charities the “Cardinal’s Appeal” continues to be a beacon of hope for our brothers and sisters in faith.

We encourage every parishioner to take part so we are able to meet our goal of \$43,000.

If you would like to make your gift today, please fill out an Appeal pledge card found in the back of the church, either mail it to the Appeal office or submit it to the parish in the collection basket. You can also pledge online: www.cardinalsappeal.org.

BIBLE STUDY: The Magdalene Bible Study resumes meeting on Wednesday, February 14 at 10:00 a.m. in the Parish Hall. The topic will be the “Book of the Prophet Jeremiah.” All are welcome!